

Foot Related Knee, Hip and Back Pain

Abnormal foot alignment can result in arthritic Knee, Hip and Low Back Pain



Arthritic Knee Pain

Corrective Foot Orthotics treat Knee Pain. In a study, 102 patients with Chronic Knee Pain were fitted with rigid total contact corrective orthotics fabricated from non-weight bearing casts of the feet in a correctly aligned position. “After two to four weeks of orthotic use 78.5% of patients were either pain free or reported improvement in knee pain.”



Arthritic Hip Pain

Orthotic Treatment to correct Alignment. Osteoarthritis is the most common type of hip arthritis, most commonly occurring in overweight patients over 50 years of age often caused by abnormal foot alignment. The most common symptoms are pain and stiffness with activities due to abnormal hip alignment creating joint wear and associated arthritis. Foot instability causing an inward roll of the leg and knee left uncorrected causes abnormal pelvic rotation resulting in arthritic hip joint changes.



Arthritic Low Back Pain

Low back pain will affect 85% of the US population at some point in their lifetime.

Symptoms occur most commonly over age 45 and is the third most common cause of disability. Pain occurs most often with movement such as walking and standing. Medical treatments, failed physical therapy even surgery generally produces minimal long-lasting relief for chronic low back pain. Foot misalignment and deformity is a common factor causing structural low back pain, and could be at the root of your chronic back pain. Re-alignment orthotics might just be the answer to relieve your back pain.

**When other treatments have failed to relieve your pain
“Beaton design foot re-alignment Orthotics” may help.**

Call for an insurance covered foot examination to determine your foot structure and alignment.

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